**Appendix 1: Search terms**

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| **Key words:** | **Volunteering** | **Older adults** | **Community sport organisations** | **Experience** |
| **CINAHL subject headings** | * Volunteer * Volunteering * Volunteerism * Voluntary * Unpaid | * Older adult/s * Elderly * Geriatric * Aging * Senior/s * Older people * Older persons * Older * Aged * Adults * 65 years and older | - Sport organisations  - Sports  - Sporting  - Community  - Community sport organisations  - Sports clubs  - Sports associations | * Meaning * Experience * Benefits * Challenges * Perception * Perspective * Views * Attitudes * Qualitative research * Qualitative study * Qualitative methods * Interview * Focus group * Phenomenology * Opinions * Quantitative data/research/study * Survey * Questionnaire |